

Te Kura Kaupapa Māori of Kaikohe Te Manawa Ora

Te Koha Wihongi - Kaiako

Kia ora. Nau mai, nau mai e te iwi ki roto i tēnei o ngā kura ātaahua rawa atu, ki roto i tēnei o ngā tāone o te motu whānui nei, arā, ko Te Kura Kaupapa Māori o Kaikohe tēnei, ki a mātou ko te pokapū o te ao. Nā reira nau mai, nau mai, whakatau mai.

Donna Hippolite - Whānau

So from the whakaaro of our tamariki and the whānau here at the kura, Whaea Marea implemented a programme called Te Manawa Ora and the basis of that programme was through the medium of mountain bike riding.

Ariana Howell - Kaiarahi i te reo/Kaitākaro

Ko te kaupapa mō tō mātou haerenga ki te kake paihikara i roto i te ngahere, i runga i ngā maunga, ā, ki te whakahono hoki ki ngā, ki ō mātou mātua tūpuna, ki tā mātou whakapapa, te whakapapa o te whenua me ngā atua.

Ihirangi Heke - Kaitautoko

Well we look at whakapapa lines from this district, from the rohe that are relevant to them and work through that with the tauira with the kaiako and define or determine parts of that tātai that they can reconnect to most readily and then we build physical activity programmes around that. The most relevant part I suppose is that we can use mountain bikes as a medium to access those more easily than we've ever been able to before. So it means we can cover bigger distances more quickly and get to those places where that whakapapa that we talk about is something they can touch and engage with. For example, you know, we've been looking at Haumietiketike and that whakapapa line down to Raurahu, to Aruhe, to Mōnehu then to Ngārara and we can study the movements of those insects either from a natural science base or we can study it from the perspective of Rōtāne the stick insect and how that core strength that a stick insect has moves over into the same form that we can train for in physical activity, for cross fit. We can go down any line we want to and its blown it open for what we can study.

So if we want to learn about the processes of different atua you have to go to those places 10, 15 times before you get a feel for it, to understand the personality and traits and the characteristics of an atua, you cant talk about from a classroom, you've got to go to the place and when you go to the place that many times you going to get physical activity because you've got to walk, you got to run, you got to engage.

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Te Manawa Ora

Donna Hippolite - Whānau

We can see the benefits that it has had for our tamariki, even our staff and the whānau that have been involved in different opportunities under the Te Manawa Ora programme here. It can include aspects of all the marautanga. So its not just the physical side of it because actually when they get up there, they're actually learning more pūtaiao, tikanga ā-iwi, you know your Māoritanga, whanaungatanga its all incorporated in there.

David Cowan - Kaiako

Nō reira tae atu ki reira, ka whakarongo ki ngā kōrero ā, āheī ana ngā tamariki ki te kōrero, te pānui, te tuhituhi i ērā o ngā kōrero ka puta mai i ērā kaumātua, kuia. Nō reira ko tērā tētahi o ngā āhutatanga e āheī ana mātou ki te hono atu ki te hāpori, otirā ki te taiao e noho nei ngā iwi nei.

Te Koha Wihongi - Kaiako

Ko taku mahi he hopuhopu i ngā tūmomo tirohanga, ngā tūmomo mahi ka mahia e ngā tamariki i runga i ngā hoiho rino, i runga i ngā huarahi paihikara maunga. Nō reira ka haere atu rātou ki roto i te ngahere, ka tiroiro haere i ngā āhutatanga o ngā atua, te taio, ngā āhutatanga o te ngahere na, ka hoki mai rātou ki te kura ka tīmata te tuhi. He taki whaiaro pea, he kōrero whakamārama rānei, ā, ka tīmata te tūhonohono i ēnā kōrero ki ngā mahi o te tohu taumata mātauranga o Aotearoa.

Ihirangi Heke - Kaitautoko

The students engaged with it straight away. It was consistent probably, and maybe even on a sub conscience level of ways that they prefer to learn and the uptake of information was really easy, the excitement was there every time we went out.